

The Random Acts of Kindness Foundation

For more information, contact:

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The Random Acts of Kindness Foundation, a 501(c)(3) nonprofit organization, was formed in 1995 to provide materials and support for people who wish to encourage and perform kind acts. Today, thousands of volunteers across the county hold Random Acts of Kindness events which highlight the importance of kindness in creating authentic, caring connections with schools and communities.

To provide inspiration, leadership and practical materials to the rapidly growing kindness movement around the world, the Random Acts of Kindness Foundation provides educators, parents, youth and community organizers, faith groups, day care staff, and others with ideas and materials for kindness activities. The random Acts of Kindness Foundation offers a wide variety of materials, including activity ideas, manuals, and publicity guidance, free of charge on their website at: www.actsofkindness.org. Communities and schools across the nation participate in Random Acts of Kindness Week activities in February, November, and throughout the year.

By encouraging the practice of simple, day-to-day kindness, the Random Acts of Kindness Foundation hopes to promote the positive power of kindness and to help people deepen their connections with one another. For more information or to get involved, visit www.actsofkindness.org or contact the Random Acts of Kindness Foundation at 800-662-2811.